

National Updates



**Ireland wins seat on United Nations Security Council**

Age Friendly Ireland would like to extend congratulations to Ireland on winning a seat for a two-year term on the United Nations Security Council. Ireland competed against Canada and Norway for two seats on the council after ballots were cast and counted at the UN General Assembly in New York. A total of 191 countries voted. Ireland needed a two-thirds majority, or 128 votes, to win and has obtained the number required. Norway also secured a seat on the council.

President Michael D Higgins welcomed the result of the vote, saying that Ireland ran a campaign which did not avoid the global issues that are urgent. Taoiseach Leo Varadkar said that Ireland is taking its place at the top table. Tánaiste and Minister for Foreign Affairs Simon Coveney said the President had worked tirelessly and he paid tribute to his ministerial colleagues, Enda Kenny and Eamon Gilmore, as well as Bono who all worked towards this goal. Read more [here](#)



World Health Organization

**WHO | Simple Guidance videos | COVID19**

The World Health Organisation have released some simple COVID19 guidance videos on the following topics:

- [How to wear a medical mask](#)
- [Who should wear masks and where](#)
- [5 things to know about COVID transmission](#)
- [Simple ways to prevent COVID in the workplace](#)

There is also an extensive guidance from WHO Europe on Long Term Care which is comprehensive and very interesting (available [here](#))



**Alzheimers Virtual Cafes**

The Alzheimer Society of Ireland are delighted to announce the introduction of their Virtual Cafés. They know that people are missing their regular cafes so they are happy to announce their new service which will allow them to connect with each other and share a cuppa from the comfort of your own home. The Virtual Cafes are a place for family carers, those living with dementia, and healthcare professionals, to gather and listen to a wide range of guest speakers from all over Ireland. To date they have held 3 cafés with great success, with speakers such as a solicitor advising on legal matters in relation to care, a naturopath on self-care, and a member of their community sharing his story of caring for his wife. They also have some exciting talks scheduled in the calendar going forward. For more information about when the cafés are on and how to join click [here](#)



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



### **Niall Horan inspired by granny to make €100k pledge for mobile devices**

Well done to singer Niall Horan who has pledged €100,000 to the Health Service Executive for mobile devices for older people and staff in long-term residential care after he saw the positive effect on his own granny during cocooning due to Covid-19. Mullingar man Horan recently revealed that to conquer isolation he speaks to his family and has even taught his 89-year-old grandmother how to keep in touch by using FaceTime. Geraldine Aspinall, Assistant Director at St. Ita's Community Hospital, Newcastle West, Co. Limerick describes the enormous benefit a €100,000 donation from Niall Horan has meant for staff and residents during the pandemic in this lovely [video](#). The HSE themselves have gone on record to thank singer Niall Horan for pledging €100,000 specifically to provide mobile devices (tablets) for use by older people and staff in public long-term residential care so residents can stay in touch with their families.



### **Irish Women in Harmony record Cranberries song in aid of Safe Ireland**

Women helping women - this was the idea behind the single Irish Women in Harmony have released, a cover of the Cranberries song Dreams. The singer RuthAnne, aka Ruth-Anne Cunningham, decided to do the cover to raise funds and awareness for Safe Ireland, an organisation that provides support for women and children who are experiencing domestic violence and abuse. RuthAnne wasn't sure how many other women would want to contribute their voices and music. As it turns out, 38 of them did.

They include Imelda May, Allie Sherlock, Caroline Corr, Eve Belle, Faye O'Rourke, Moya Brennan, Loah, Lucia McPartlin, Saint Sister, Sibéal, Erica Cody, Soulé, Stephanie Rainey, Wyvern Lingo, Tolü Makay, Pillow Queens and Una Healy. They stood in front of microphones in their homes across the locked-down country and sang. They played keyboard, violin, guitar, cello, double bass, drums. Check out the video [here](#)



### **Hairdressers and barbers should be allowed reopen at end of month, NPHET recommends**

Hairdressers and barbers should be allowed to reopen at the end of the month, the National Public Health Emergency Team (NPHET) has recommended. The Chief Medical Officer Tony Holohan and his team met yesterday to advise the government on what should be in Phase Three and Phase Four of the roadmap for easing the lockdown. In recent weeks, it was confirmed that there will only be four phases, rather than five, meaning that some measures will be fast-tracked. Government sources had said they are hopeful that the date at which hairdressers can reopen, which is currently set for 20<sup>th</sup> July, will be moved forward. NPHET has now recommended to the government that hairdressers and barbers should be allowed to reopen at the end of the month. This recommendation will be subject to Cabinet approval this afternoon.

## Local Updates



### Cork Patient discharged from ICU after 79 days on life support

A mother-of-two from Douglas in Cork has been discharged from intensive care after spending a record 79 days on life support being treated for Covid-19. Doctors believe Mary Sullivan spent longer on a ventilator than any other coronavirus patient in Ireland and the United Kingdom, and enquiries are on-going to establish if she holds the record for Europe. Yesterday staff in the intensive care unit of the Bon Secours Hospital in Cork, who looked after Ms Sullivan, lined the corridor as she was transferred from there to a general ward. Check out the full story [here](#)



### Tipperary woman receives letter from President Higgins as she celebrates her 100th birthday

An Irish woman was surprised with a letter from the President as she celebrated her 100th birthday while cocooning. The letter from President Michael D Higgins was hand delivered by members of An Garda Síochána to her county Tipperary home. Thurles woman Bridie Shelly was handed the letter through her front window by Superintendent Pat Murphy. Bridie was then brought to her front door by her carers as family, friends and members of the force sang Happy Birthday. Check out this [video](#), taken by local photographer Robert Healy.



comhairle chontae na mí  
meath county council



ORDER OF MALTA  
IRELAND  
AMBULANCE CORPS

### Meath PPE donation to Order of Malta Ireland

Recently appointed Cathaoirleach Cllr. David Gilroy presented Personal Protective Equipment (PPE) to members of the Order of Malta Ireland - Ambulance Corps – Navan earlier this week. In May, Meath County Council received a considerable donation of PPE from its sister-city in China - Guiyang. A certain amount of the PPE has already been allocated to the Meath Civil Defence, Meath Women's Refuge & Support Services and the HSE locally for many of its frontline services in the county. Also pictured at the presentation is Dara McGowan, Senior Executive Officer, Meath County Council.



comhairle chontae na mí  
meath county council



## Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone. Please email us your news to Rachel at [rleavy@meathcoco.ie](mailto:rleavy@meathcoco.ie) Information is one thing we can share right now!

## International Updates



International Foundation  
for Integrated Care  
IFIC Canada

### Virtual Community session "Shared Governance: Working together to enable people-centred Integrated Care"

The International Foundation for Integrated Care (IFIC) Canada are pleased to announce that they are resuming the IFIC Canada Virtual Community! The next Integrated Care Virtual Community session will take place on Wednesday June 24th 8.00pm to 9.30pm. Click [here](#) to register and for more information.

In this session, we learn from the first-hand experiences of a patient partner, a senior healthcare leader, a Canadian policymaker and an international expert, as they discuss:

- examples of how shared governance models have been co-designed to enable collaborative, people-centred health and care systems across the continuum of care; and
- key practices and implementation resources based on the latest evidence.



### Picture by British girl, 7, of medical 'heroes' wins Big Issue competition

A picture of a doctor and a nurse drawn by a seven-year-old has won a competition for a heroes-themed front page of The Big Issue. Aria Burn, a pupil at Warfield CE Primary School in Bracknell, Berkshire, drew a colourful image of the two figures wearing superhero-style red capes. The picture will feature on the cover of the latest edition of the magazine. Aria said: "I was thinking about the doctors and nurses being like superheroes and the rainbow letters were because of the NHS. My mummy works in medicine – she helps make the medicine, so she is also a big hero." The magazine collaborated with book company Puffin to ask for entries from youngsters around the theme Heroes. Children's illustrator Dapo Adeola, who headed the judging panel, said of the winner: "Of all the entries, this one really shows a great sense of composition and it manages to say what it's saying in a simple, fun and bright way."

## Important Tips

Always have your **Eircode** close by in case of emergency. You can find your Eircode [here](#)

Perhaps keep a **daily diary** to record the people you are in contact with every day, so if you develop symptoms it will be easier to trace them

## Coronavirus COVID-19



**If you have fever and/or cough you should stay at home regardless of your travel or contact history.**

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on [www.hse.ie](#)

### How to Prevent

<b>Wash</b> Wash hands well and often to avoid contamination	<b>Cover</b> Cover your mouth and nose with a tissue or sleeve when coughing or sneezing and discard and reuse	<b>Avoid</b> Avoid touching eyes, nose or mouth with unwashed hands	<b>Clean</b> Clean and disinfect frequently touched objects and surfaces	<b>Stop</b> Stop shaking hands or hugging when staying 100% away from other people, especially those who might be unwell	<b>Distance</b> Stay at least 2 metres (6 feet) away from other people, especially those who might be unwell

### All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit [hse.ie](#) OR phone HSE Live **1850 24 1850**

### Symptoms

- > Fever (High Temperature) > A Cough > Shortness of Breath > Breathing Difficulties

### For daily updates visit

[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)

Infected: [www.hse.ie/covid19](#) or [www.hse.ie/covid19](#)



Riailtas na hÉireann  
Government of Ireland

## Useful Contacts

**Age Friendly Ireland Shared Service Office** T: 046 9097413 E: [rleavy@meathcoco.ie](mailto:rleavy@meathcoco.ie)

**HSE Advice Line:** Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday

The following is the list of each **Local Authority's Helpline phone numbers**

### Local Authority

Carlow County Council  
Cavan County Council  
Clare County Council  
Cork City Council  
Cork County Council  
Donegal County Council  
Dublin City Council  
DLR County Council  
Fingal County Council  
Galway City Council  
Galway County Council  
Kerry County Council  
Kildare County Council  
Kilkenny County Council  
Laois County Council  
Leitrim County Council  
Limerick City and County Council  
Longford County Council  
Louth County Council  
Mayo County Council  
Meath County Council  
Monaghan County Council  
Offaly County Council  
Roscommon County Council

### Community Response Number

1800 814 300  
1800 300 404  
1800 203 600  
1800 222 226  
1800 805 819  
1800 928 982  
01 222 8555  
1800 804 535  
1800 459 059  
1800 400 150  
1800 928 894  
1800 807 009  
1800 300 174  
1800 500 000  
1800 832 010  
1800 852 389  
1800 832 005  
1800 300 122  
1800 805 817  
094 906 4660  
1800 808 809  
1800 804 158  
1800 818 181  
1800 200 727

Sligo County Council	1800 292 765
South Dublin County Council	1800 240519
Tipperary County Council	076 106 5000
Waterford City and County Council	1800 250 185
Westmeath County Council	1800 805 816
Wexford County Council	053 919 6000
Wicklow County Council	1800 868 399