

National Updates

Age Friendly Communication training with Wexford County Council and An Garda Siochana



The sun came out in the sunny South East on Wednesday, along with members of the Gardaí from Wexford Garda Stations and staff at Wexford County Council to participate in age friendly communications training.

I had the pleasure of meeting very enthusiastic members of Wexford County Council's Customer Services Team and the Gardaí who want to ensure that they are prepared for our population ageing by ensuring their services are accessible to people of all ages. We explored how they can make their services more age friendly and I'm delighted to say that Age Friendly Ireland will be working with the local Age Friendly Programme Manager, Ann Marie Laffan and the Wexford Age Friendly Alliance to progress some of the initiatives discussed at the training. Anne Marie said that she greatly values the very close relationship and partnership the Wexford Age Friendly Programme have with An Garda Siochana through their Age Friendly Alliance.

Thank you to Ann Marie for organising and bringing together both the Council staff and An Garda Siochana for what was a really interesting and productive training session.

**Will keep you updated with their progress - WATCH THIS SPACE!!**

Sylvia McCarthy, Communications Manager, Age Friendly Ireland.

## NICPOP Networking Day in Trinity College, Dublin

In Trinity College at their NICPOP Networking day, on the 26<sup>th</sup> May, our very own Kitty Hughes, Chair of the National Older People's Council, represented the voice of older people and delivered a wonderful speech around 'Supporting Teams and Embracing Change'.



Kitty gave a marvelous speech in an informative, witty and endearing way and we simply had to share it with you.

**Speaker: Ms Kitty Hughes, National Chair, Older Person's Council, Age Friendly Ireland**

**Title: Hearing the voice of the Older Person**

<https://www.icpop.org/networking-day-26th-may-2022>

Take 10 minutes out of your busy day to watch and listen to Kitty's speech – she brought the audience to their feet in Trinity College when she received a very well deserved standing ovation.

## Ireland West Airport & Shannon Airport, the first Age Friendly Airports in the world share their Age Friendly story through their new Promotional Video



Ireland West Airport and Shannon Airport have officially launched their promotional video, promoting their airports as an Age Friendly Airport. We are so delighted to have been part of this initiative and we think they did a fantastic job on the video.

Please see link below so that you can view it for yourself.

<https://youtu.be/oj8yGnxzRU>



## An Garda Síochána Slow down campaign launched in response to rising number of road fatalities

**#SlowDown**

The new road safety campaign is aimed at promoting a road safety message across the country and is seeking the assistance of representative groups from diverse backgrounds (age, ethnicity, sexual orientation, religion, etc.) to please submit a brief video message in relation to this campaign. The '#SlowDown' road safety campaign will run from **Monday 27th June 2022 to Sunday 3rd July 2022.**

The new road safety campaign is aimed at promoting a road safety message across the country. We hope to enlist national and local ambassadors who will drive this message on their own social media channels and also through the Garda press office.

**83 grieving families**  
**83 lost lives**  
**83 deaths on Irish roads so far this year**  
**#SlowDown**

The below and attached examples are for guide purposes and those submitting material have a degree of poetic licence to ensure the message resonates with their target audience. The messages will be released via Garda social media platforms and can be shared on each participant own platforms also.

**Participants are asked to film their message on the mobile phones in portrait/vertical mode.**

**All videos can be sent via WhatsApp to the Press Office mobile number 086 828 2000.**

#SlowDown Campaign

Sadly, most of us know someone - a family member, friend or colleague - who has died or been seriously injured in a road accident...

We all need to be more mindful on the road

There's one simple message....

*Please Slow Down*



**IFA's Adult Vaccination Health Care Professional Education ECHO**

The graphic features logos for IFA (International Federation on Ageing), V4L (Vaccines 4 Life), and ECHO. A dark blue banner reads "LAUNCHING NOW:". Below it, the text says "Adult Vaccination Health Care Professional ECHO Program". A quote states: "Health care professionals are at the heart of adult vaccination decisions. Explore and address barriers and solutions to adult vaccination facing health care professionals around the world." On the right, a teal box says "Register now to take part in this innovative educational program built upon the world-renowned Project ECHO™ Model." Three circular images show healthcare professionals interacting.

The value of interdisciplinary collaboration in the field of global health has never been more evident than in current immunization initiatives around the world. The International Federation on Ageing (IFA) in recognition of the critical need to connect multidisciplinary stakeholders to close the gap on the devastating impact of vaccine-preventable diseases on individuals, societies and nations, is launching the Adult Vaccination Health Care Professional Education ECHO (AV-HCP ECHO). Built upon the world-renowned Project ECHO Model, this virtual learning series serves as a platform for connecting, sharing knowledge, and empowering health care professionals across sectors and around the globe to be educators, advocates and providers of adult vaccination services.

**Program Overview**

The AV-HCP ECHO is a virtual learning series built on three pillars for improving adult vaccination namely prioritizing immunization throughout life as an expanded public health prevention strategy, removing barriers to access for appropriate immunization, and reducing inequities impacting timely, appropriate, and affordable access to immunization. While the learning objectives will differ for each session, the overarching goal is to provide knowledge and tools about adult vaccination that multidisciplinary participants can apply and amplify in their local context to improve uptake of adult vaccination.

This virtual learning series comprises ten (10) one-hour modules across 3 units (Prevention, Access, and Equity), taking place bi-weekly over a 5-month period. Participants are encouraged to attend all modules, as the experience and knowledge is cumulative. Modules will be held virtually in English using Zoom conferencing software, with post-session materials/resources circulated to registrants via email.

**Adult Vaccination Health Care Professional Education ECHO Program**  
**Advisory Committee Membership**

 Dr. Salah Al-Aweily Chair, Middle East, Eastern and Africa Influenza Stakeholders Network	 Dr. Jane Barrett Secretary General, International Federation on Ageing	 Dr. Mick Armstrong Vice Chair, FDI World Dental Federation Dental Practice Committee	 Dr. Lina Bader Lead for Workforce Transformation & Development, International Pharmaceutical Federation	 Ms. Patricia D'Antonio Adult Vaccine Access Coalition	 Dr. Marianne Paul-Oubre Clinical Director, Primary Care International	 Dr. José Luis Fernández Director, International Long Term Care Policy Network	 Dr. Daphne Holt Board Chair, Coalition for Life-course Immunisation
 Dr. Champion Nyoni Chair, Africa Interprofessional Education Network	 Dr. Oluwemi Osowookere Chair, Chief Tony Awolabi Geriatric Centre	 Ms. Denise Octavia Smith Founding Executive Director, National Association of Community Health Workers	 Ms. Gonçalo Sousa Pinto Lead for Workforce Transformation & Development, International Pharmaceutical Federation	 Ms. Andra Stancu Program Manager, International Federation on Ageing	 Ms. David Stewart Director, Nursing and Health Policy, International Council of Nurses	 Ms. Mariana Kotta Director, Active Citizenship Network	 Dr. Mercy Wangila Member of Executive Committee, African Forum for Primary Health Care

[Register Now](#)



**Health Service Updates**

**Keep Safe**

COVID-19 is still with us. These are important things that we can all keep doing to help reduce infection:

- isolate if you are symptomatic (even if you are fully vaccinated and boosted) or if you are diagnosed with COVID-19
- complete your [primary and booster programme of vaccination](#)

- continue to [manage risk](#) for yourself and others who are more vulnerable. You can do this by wearing masks, physical distancing and avoiding crowds as well as maintaining basic hand and respiratory hygiene

## HSE urges more people to get their COVID-19 vaccine or booster

HSE is urging anyone aged 65 or older and anyone with a weak immune system to get their second COVID-19 vaccine booster. Without it, you're more at risk of serious illness if you get COVID-19. This is particularly important given the recent increase in the numbers of confirmed cases. To arrange an appointment, contact a participating pharmacy or GP, or book at [HSE.ie](https://www.hse.ie). You can also call the team in HSE Live on 1800 700 700.



## HSE Health and Wellbeing Updates



### Launch of Sláintecare Healthy Communities in Bray, Co Wicklow

Sláintecare Healthy Communities continues to be rolled out across the 19 communities with the first local launch having taken place in Bray, Co Wicklow in May.

[Read More](#)



### Tobacco Endgame: nobody left behind

The Tobacco Free Ireland Programme, HSE Health and Wellbeing, hosted a conference to mark World No Tobacco Day on the 31st May 2022. This conference explored the key elements and strategies for a

Tobacco Free Ireland. Over 170 delegates attended.

[Read More](#)

## Men's Health Week 2022 – Mission is Possible

Men's Health Week (MHW) has become a permanent fixture on the HSE Health & Wellbeing calendar and once again in 2022 it was delivered in collaboration with many partners led by the Men's Health Forum in Ireland.

The idea of the week is to encourage men to take positive action when it comes to their health.

[Read More](#)

## Shaping a Healthier Food Environment across the health services

### Healthier Food Environment



Over the years the quality of food in healthcare has featured in the national Patient Experience Surveys and there has been negative media coverage of food provision across health services so there is a strong rationale for focusing on improving the food environment across healthcare settings.

[Read More](#)



Clár Éire Ildánach  
Creative Ireland  
Programme  
2017-2022



## The Art of Being Healthy & Well Symposium launched by Ministers Martin and Donnelly

Catherine Martin TD, Minister for Tourism, Culture, Arts, Gaeltacht, Sport and Media and Stephen Donnelly TD, Minister for Health, today jointly affirmed their recognition of the health and wellbeing benefits of creativity and arts.

The all-of-government Creative Ireland Programme, the Department of Health (Healthy Ireland), the Health Service Executive and the Arts Council co-hosted a national symposium on the positive benefits of creativity and the arts on health and wellbeing at the Royal College of Physicians in Dublin.

At the symposium, policy-makers and practitioners from the health, arts and culture sectors considered how best to harness the powerful contribution creative engagement can make to our health and wellbeing.

In opening the symposium, **Minister Martin** recognised the long and rich history of collaboration between the arts and healthcare sectors, and emphasised the need to create a more supportive and sustainable environment through greater collaboration and integration between the sectors.

Two videos showcasing storytelling in the paediatrics ward of University Hospital Waterford and a music workshop with residents of St Camillus'

Nursing Home in Limerick provided examples of the types of creative engagement that support the delivery of acute and community healthcare in Ireland.

**Storytelling with Waterford Healing Arts Trust – [CLICK HERE](#)**

**Musicians on Call – Limerick – [CLICK HERE](#)**

Minister Martin also announced **additional pilot funding**, through the Creative Ireland Programme, to explore closer collaboration between local arts and health sectors in the area of social prescribing. The initiative will assist GPs and other health practitioners to refer people to local arts and creative initiatives in five pilot locations in Waterford, Dublin, Donegal and Mayo where this would be beneficial for their wellbeing.

Minister Martin said:

*“We are fortunate to have an extensive nationwide human infrastructure – embedded in both culture and health sectors – tasked with supporting the wellbeing of Irish people. I will be interested to see whether encouraging these networks to collaborate locally can add value to our respective wellbeing ambitions.”*



### ExWell Zoom

Dear ExWell Participants and Friends,  
Please join our weekly Zoom on **Friday July 1st at 5 pm**. This week we will hear from one of our recent intern students about his research project, as well as discussing Tremor.

As usual, please share this link with anyone you feel might enjoy or benefit from hearing more about ExWell

**The schedule for Friday is:**

- 5.00 pm: Welcome
- 5.05 pm: Research Study Report - Reason for non-uptake or dropout from ExWell for individuals with breast cancer *Sean Moyles*
- 5.25 pm: Tremor: *Noel McCaffrey*
- 5.35 pm: ExWell Updates.
- 5.45 pm: General Discussion
- 6.00 pm: Close

The link for the meeting is below

<https://us06web.zoom.us/j/81091218598?pwd=djNKNW9pWGZ3TVlOSWFtaKhYSVFRQT09>



## Patients for Patient Safety Ireland

### HEALTHCARE IS EVERYBODY'S BUSINESS!

As a patient and/or carer, your unique and valuable perspective complements those of healthcare professionals. By sharing your experience and perspectives as part of the Patients for Patient Safety Ireland (PFPSI) group, YOU can help ensure that patient safety decisions and initiatives are truly patient-centred and result in a safer health service.

PFPSI is part of the World Health Organisation's Patients For Patient Safety programme, so you will have a platform to collaborate with the care providers, health leaders, policy makers, and managers of healthcare organisations to grow a strong, patient-centred service for all in Ireland. No qualifications are required and you will receive support to be an effective patient champion. Ask yourself the questions below:

#### Have You

- Or someone close to you ever experienced an adverse event (a harmful or unintended outcome) while receiving care in the health service?
- Experienced mostly good care, but have seen things in healthcare you know could be improved?

#### Did You Know

- Voices like yours are included in every aspect of service design and delivery? Patient and public engagement is the only way our health service can grow to meet our needs as patients.
- Patients for Patient Safety Ireland is an established, well-respected group seeking new members to contribute to improving patient safety

#### Would You

- Consider getting involved?
- Like to be part of a World Health Organisation network of patients that uniquely contribute to patient safety in Ireland?
- Provide healthcare in Ireland the benefit of your ideas and experience?

Have you answered YES to any of the questions above? Email to [info@patientsforpatientsafety.ie](mailto:info@patientsforpatientsafety.ie) - a PFPSI member will contact you within a few days to provide more information and answer any queries you may have.

Our vision at PFPSI is EVERY patient safe. To advance it, you can work collaboratively with others to contribute to the healthcare system at all levels by:

- Sharing your experiences, observations, and perspectives
- Representing the patient and family perspective in committees and working groups
- Identifying, initiating, sharing, and leading patient safety projects

**JOIN US – AND YOU WILL CONTRIBUTE TO SAFER HEALTHCARE FOR ALL IN IRELAND**

Interested? Email [info@patientsforpatientsafety.ie](mailto:info@patientsforpatientsafety.ie) - we will contact you within a few days

<https://patientsforpatientsafety.ie>



### Cork County Age Friendly UCC Event

Recently Prof. Suzanne Timmons, UCC, invited members of Cork County Older Peoples Council Executive and Committee to take part in a symposium on exercise and healthy and active ageing followed by a round table discussion of an in-development, online MSc in Active Ageing and Age Friendly Society.



*Representing Cork County Older Peoples Council LtoR Dr Máire Corr Kelly OPC, Liz Downes Vice-Chair OPC, Ms Eleanor Coughlan, OPC.*

Attendees gave their input on the proposed course content for this new MSc – It is aimed that students will be ‘professionals’ eg Town Planners, Architects, Designers, Engineers, Health and Social Care Workers etc.





## Baldoyle Library Age Friendly Recognition Charter

There are now in excess of one million people aged 60 years and over in Ireland. Libraries constantly strive to develop their services in a more Age Friendly way, focusing on removing barriers to access, improving accessibility, and providing a welcoming and inclusive space for all.



After participating in the Age Friendly Library Recognition Process, Baldoyle Library has just been awarded an Age Friendly Charter

The process begins with an Age Friendly awareness session for library staff provided by Age Friendly Ireland. Then staff must identify three areas of improvement to quality for Age Friendly Library recognition. Baldoyle library staff consulted with our older library users to gain feedback on what they felt were good practices already in place and how the library experience could be improved for them.

Examples given of existing Age Friendly practices included:

- Wheelchair friendly parking spaces outside the library and easy access to the building.
- Wide selection of large print and audio books available
- Specialised collections on [health and well-being](#)
- Separate events space to facilitate information talks and age friendly events such as the monthly U3A meeting
- A varied events programme including annual Bealtaine Festival programme
- Access to online courses and e-services

Areas identified for improved services were:

- Provide additional comfortable seating that isn't too low
- Improved signage for the public toilets
- Removing books from the very bottom shelves which are hard to access

All of these changes were implemented as part of the Age Friendly Library Recognition Programme in Baldoyle Library and staff consulted with the same

group of older library users for feedback on the changes which was all very positive.



It has been a very positive initiative for library staff to be involved in and we have seen how simple changes have enhanced the library experience for not only older members of the community but everyone who uses our library.

## Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone.

Please email us your news to us at [agefriendlyireland@meathcoco.ie](mailto:agefriendlyireland@meathcoco.ie) for inclusion in our weekly newsletter

## International Updates



International Federation on Ageing

### IFA Global Cafe | In Conversation with Ms. Jane Teasdale and Ms. Jayne Armstrong on "Person Centered Care & The Seniors' Outdoor Activation Toolkit"

The International Federation on Ageing held a Global Cafe event this morning called – **In Conversation with Ms. Jane Teasdale and Ms. Jayne Armstrong on "Person Centered Care & The Seniors' Outdoor Activation Toolkit"**

A recording of this event will be available on the Federation's website  
<https://ifa.ngo/ifa-global-cafe/> and  
<https://drbarometer.com/community/resource-library>

## Useful Contacts and Info

**Age Friendly Ireland Shared Service Office** Telephone: **046 9097413**

Or Email: [agefriendlyireland@meathcoco.ie](mailto:agefriendlyireland@meathcoco.ie)

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: [www.agefriendlyireland.ie](http://www.agefriendlyireland.ie) / [www.agefriendlyhomes.ie](http://www.agefriendlyhomes.ie)

**HSE Advice Line:** Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday